

Welcome!

Please identify
your level of
practice in your
name:

Fellow

Early career

Mid career

Senior



JOIN THE ACAAI WOMEN IN ALLERGY COMMITTEE'S
"BREAKING THE MOLD" ZOOM DISCUSSION ON

LEADERSHIP

TUESDAY, JANUARY 28, 7:30 PM CT (8:30 ET)

WE'LL DISCUSS:

- The value of leadership
- Steps to take to start your leadership journey
- Opportunities for ACAAI leadership roles





Why is Leadership so Important?

Growth

- Promote organizational and culture values
- Promote well being
- Mentoring/coaching others
- Empowering others
- Giving and receiving feedback

Avoid burnout

- Higher baseline leadership score of supervisors is independently associated with lower odds of physician burnout + higher satisfaction



Why is Leadership so Important?

Coaching

- Promote well being of physicians = success of the organization
- Developmental process: confidential inquiry, accountability, and encouragement in a judgement free zone to help people achieve their goals and enhance performance

Working with others

- Differing personalities
- Treating others with respect and dignity
- Helping others thrive



ACAAI Leadership

Take the first step

- Be a member of the ACAAI
 - www.college.acaai.org/join
- Get involved in committees
- Identify your interests
- Review the list of members, introduce yourself and voice your interest
- Nominating committee

Seek guidance

- Rely on mentor faculty
- ACAAI website



ACAAI Leadership

Opportunities

- Strength of the ACAAI is based on the supporting professionals who volunteer their time and expertise
- Committees (local and national)
- Leadership summit

Who can help?

- Private practice and academics
- Fellowship programs
- Allied health
- Industry



ACAAI Leadership

Benefits of committees

- Exchange of ideas with peers
 - Diversity of backgrounds and ideas
 - Diversity of training program
 - Stepping stone for becoming a committee chair or president

Time commitment

- Difficult for younger faculty with more demands
 - Starting practices/research
 - Family responsibilities



ACAAI Leadership

What now? Apply!

- Annual invitation for volunteers
- Submit a formal application
 - Identify how you can contribute
 - Why you are applying (interests)
- Window: March 1 through April 15
- Appointments emailed in November
 - katerinabaracal@acaai.org
- Don't be discouraged if you do not receive your first choice
- Actively contribute
 - Meetings throughout the year
 - Respond to the developing needs of the specialty (guidelines, etc).



ACAAI Leadership Summit

Leadership Summit

- Unfortunately, applications for the 2025 Leadership Summit are no longer being accepted. Applications for the 2026 Leadership Summit will be available in late fall.
- 45 years or younger or <10 years of practice
- Topics include (and so much more!)
 - Communicating effectively
 - Preventing and dissolving conflict
 - Advocating for change
 - Improving coaching skills
 - Discovering behavior styles



Women in Allergy

Women in Allergy Committee

- Mission: to bring to the forefront, inviting discussion, solving problems, and providing resources for issues that affect women allergists
- Launch pad to higher levels of leadership
- Small blocks of time over the year/years can be rewarding
- [Women physicians should get involved, seek out opportunities to advance in leadership \(healio.com\)](#)

Dr. Luz Fonacier

Thank you for
attending and
special thanks
to our guests
and Amy
Romanelli!

ACAAI Member
Communications

- Tentative 2025 schedule - mid-February, mid-April, mid-June and early August (additional calls TBD)
- Possible topics: retirement, social media presence for physicians, wellness, career trajectory, contract negotiation, conflict resolution, Fellows-in-Training

What would you all like to hear about next?