



American
College
of Allergy, Asthma
& Immunology

allergist

Allergy
& Asthma
NETWORK



You and your allergist just discussed allergy shots and tablets.

Here's a tool provided by your allergist to continue the discussion.

What else do you need to know about these therapies and which might be right for you?

Go to allergytherapy.accai.org to use our shared decision-making tool as a guide on your path to relief.

The web-based tool will:

- Provide information, including advantages and disadvantages about available treatments

- Help you identify your values and beliefs about the options
- Lead you through answering a few questions
- Guide you toward having a discussion with your allergist about the best possible treatment

Once you've answered the questions, **print the document and bring it to your next allergist appointment.** You and your allergist can use the results to discuss the best option for you.

Get started on your path to find relief at allergytherapy.accai.org

Board-certified allergists are specialists in diagnosing and treating allergies and asthma.

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